

# **Minnesota State High School League**

## **2020 Volleyball Exam - Part 1**

**NOTE:** In the exam situations, Team S = serving team; Team R = receiving team. Additionally, LF = left front; CF = center front; RF = right front; RB = right back; CB = center back; LB = left back.

1. "A single, visible manufacturer's logo and/or single school name or insignia on uniform and each visible undergarment shall be: "  
A: 4 by 4 inches.  
B: 2¼ inches or less.  
C: 2¾ inches.  
D: 3 inches or less.
2. "When multiple courts are used, the second referee may end a time-out or interval between sets with a: "  
A: Cowbell.  
B: Double whistle.  
C: Beckon for serve.  
D: Whistle.
3. "During the set, the scorer shall:"  
A: Record individual and team scoring, and supervise the operation of the visual scoring device.  
B: Notify the second referee during the first dead ball when there is a discrepancy with the score.  
C: Verify the serving order to the first referee or second referee.  
D: All are correct.
4. "During the set, each line judge shall assist the referees by: "  
A: Determining at the moment of contact for the serve whether the server touches the end line or floor outside the lines marking the width of the serving area.  
B: Indicating when the ball touches the net, net antennas and/or net supports not entirely between the net antennas.  
C: Indicating when a player touches a ball that is going out of bounds on the player's side of the net.  
D: All are correct.
5. "During a dead ball, the playing captain may request the following for his/her team: "  
A: Time-out.  
B: Verification of time-outs used.  
C: Verification of serving order.  
D: All are correct.
6. It is legal for a playing captain or head coach to request a time-out:  
A: After the first referee has signaled for the next serve.  
B: During a dead ball.  
C: After a substitution.  
D: After a served ball.
7. "When used, a libero:"  
A: May not be used as an exceptional substitution for an injured player if no other legal substitute is available.  
B: May replace a disqualified teammate.  
C: May not be designated as the playing captain.  
D: Shall be allowed to serve in one position in the serving order.

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8. "Due to an injury, Team A will be completing the set with only five players. The vacant position is currently the LF. The LB will be coming up as the back-row setter. Correct procedure is:"
- A: The LB must stay behind the 3-meter line until the ball is contacted for the serve.
  - B: The LB may go all the way to net before the ball is contacted for the serve.
  - C: The LB may start in the RB position before the serve.
  - D: The LB may switch with the CB before the ball is contacted for the serve.
9. At the moment of the serve for Team S:
- A: Each right-side player on Team R shall have at least part of one foot touching the floor closer to the right sideline than both feet of the center player in the corresponding row.
  - B: The center back on Team S may be closer to the right sideline than the serving right back.
  - C: Each front-row player on both Team S and Team R shall have at least part of one foot touching the floor closer to the center line than both feet of the corresponding back-row player.
  - D: All are correct.
10. The team lineup lists a starting number that no team member is wearing. The team legally substitutes a player with a legal number into that position. The team is charged with a substitution.
- A: True
  - B: False
11. "If the same player number (not the libero) is listed more than once in the submitted starting lineup, the head coach may correct the error without being charged a substitution if the correction occurs prior to the first serve. "
- A: True
  - B: False
12. "On a re-serve, after the first referee's signal for service, requests for \_\_\_\_\_ may be recognized."
- A: time-outs
  - B: service order
  - C: substitutions
  - D: none are correct
13. A serve is illegal and the ball remains dead if the server:
- A: Hits the ball illegally.
  - B: Does not contact the ball to serve within five seconds.
  - C: Is touching the end line or the floor outside the serving area when the ball is contacted.
  - D: All are correct.
14. "When a receiving team player is out of position on the serve and the ball is served illegally, which team is penalized? "
- A: Serving team.
  - B: Receiving team.
15. "For teams with fewer than six players, each time a vacant position rotates to serve in the \_\_\_\_\_, a loss of rally/point is awarded to the opponent."
- A: right back position
  - B: left front position
  - C: left back position
  - D: right front position

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16. "During the set, the \_\_\_\_\_ is permitted to stand in the replacement zone."

- A: Incoming substitute
- B: Assistant coach
- C: Head coach
- D: Team managers

17. A live ball becomes dead when:

- A: The receiving team makes multiple contacts with a served ball on their first hit.
- B: The serve contacts the net and enters into the receiving team's court.
- C: The ball contacts the ceiling or an overhead obstruction and is not legally played next by the offending team.
- D: After touching the ball on a block, a team contacts the ball three times before returning the ball into the opponent's court.

18. "Team R's CF, LF and LB are very close to each other at the net, and all three are reaching higher than the top of the net. The ball is attacked by Team S and contacts LF's hands. Which of the following statements is True?"

- A: CF, LF and LB do not meet the definition of a collective block.
- B: Neither CF nor LB contacted the ball, so it is a legal block.
- C: A blocking fault results because LB has participated in a completed collective block.
- D: All the statements are True.

19. "A back-row setter, when in front of the attack line, may not: "

- A: Send the ball into the opponent's court when the ball is partially above the height of the net.
- B: Jump.
- C: Joust with any blocker when the ball is completely above the height of the net.
- D: Contact the ball below the height of the net.

20. Any action other than a block or a serve that directs the ball toward the opponent's court is considered a(n):

- A: Attack.
- B: Pass.
- C: Dig.
- D: Set.

21. Blocking a served ball is permitted.

- A: True
- B: False

22. A referee shall stop play when a player gains an advantage by contacting:

- A: Official's table.
- B: Team bench.
- C: Team members.
- D: All are illegal.

23. A stray volleyball rolls onto the court during the set and disrupts play. The referees:

- A: Give the team that was interfered with the option of either (1) accepting the outcome of the play or (2) a replay.
- B: Stop play and signal a replay.
- C: Allow the rally to continue to its natural end. The rally will be replayed only if players from the team that lost the rally complain that they were distracted by the stray volleyball.
- D: Allow the result of the rally to stand regardless of any distraction, interference or interruption the ball may have caused.

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24. A team has been assessed a second administrative unnecessary delay. The penalty is:

- A: A second administrative yellow card.
- B: An administrative red card, loss of rally/point.
- C: The head coach must remain seated during play for yellow or red administrative cards.
- D: All are correct.

25. The head coach must remain seated during play after being assessed any unsporting conduct card.

- A: True
- B: False

26. Unnecessary delay occurs when:

- A: An illegal replacement attempts to enter the set.
- B: A team repeatedly uses an improper substitution procedure.
- C: A coach does not make a decision about an injured player within 30 seconds.
- D: All are unnecessary delay.

27. "The first unnecessary delay by a coach, player, substitute, replacement or team results in a warning (administrative yellow card), but shall not result in the head coach being required to remain seated during play. "

- A: True
- B: False

28. "To signal an unnecessary delay, raise the hand on side of the offending team beside head, palm facing in, hold the appropriate card on the wrist of the raised hand."

- A: True
- B: False

29. "During a time-out, when should a substitute enter the set following normal exchange procedures? "

- A: When beckoned by the official's table.
- B: When beckoned by the first referee.
- C: When team is released by the coach.
- D: After the time-out when both teams have returned to the court.

30. The player and substitute shall remain in the substitution zone until the second referee releases them.

- A: True
- B: False

31. A team is allowed \_\_\_\_\_ substitutions per set.

- A: 15.
- B: 18.
- C: unlimited
- D: 12

32. The libero cannot serve for:

- A: A middle blocker who has rotated to the back row.
- B: A designated back row player.
- C: The first server.
- D: Multiple positions in the serving order.

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33. "Between sets, teams may: "
- A: Serve into the opponent's court.
  - B: Hit into opponent's court.
  - C: Warm up with volleyballs on their own side of the playing area.
  - D: Jog around the entire playing surface.
34. "If using an intermission during a best three-of-five set match, it shall occur between the first and second set. "
- A: True
  - B: False
35. After an injury a coach has 30 seconds to:
- A: Request a substitution for the player.
  - B: Leave the player in the set with play beginning immediately.
  - C: Take a team time-out if the team has not used its allotted time-outs.
  - D: All are correct.
36. "When a team member seated on the bench receives a yellow card for conduct, the head coach must: "
- A: Have the team member escorted out.
  - B: Remain seated during play for the rest of the match.
  - C: Remain seated for the rest of the set.
  - D: None are correct.
37. "Prior to entry into the set, it is legal for a teammate to leave the team bench to warm up in a nonplayable area without volleyballs. "
- A: True
  - B: False
38. "At the end of the first set, Team A is angry after losing. Team A refuses to follow end-of-set procedures for changing team benches. An unsporting conduct card is issued to the head coach. "
- A: Correct procedure.
  - B: Incorrect procedure.
39. A spectator becomes unruly and disruptive to the orderly progress of the set. The individual responsible for resolving the situation is:
- A: The first referee.
  - B: The second referee.
  - C: Host management.
  - D: Official scorer.
40. Assistant coaches shall remain seated on the bench during a set except to:
- A: "Ask the second referee, during a dead-ball situation, to verify the proper server for the opponent."
  - B: Confer with players during time-outs.
  - C: Spontaneously react to an outstanding play by a player(s) of their own team.
  - D: All are correct.
41. All cards issued for unsporting conduct carry over from set to set throughout the match.
- A: True
  - B: False

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42. "During the set, the libero tracker shall:"

- A: Enter on the tracking sheet the starting players in the proper service order.
- B: Record libero replacements and substitutions.
- C: Notify the second referee during first dead ball when there is a discrepancy with a replacement.
- D: All are correct.

43. Players on the serving team may take action to prevent receivers from seeing contact of the serve or path of the served ball.

- A: True
- B: False

44. The libero can replace a disqualified player.

- A: True
- B: False

45. The official scorer collects the rosters from the head coaches.

- A: True
- B: False

46. "After the referee's recognition of a substitution request, a substitute shall: "

- A: Proceed without delay to the substitution zone.
- B: Be ready to enter the substitution zone once the preceding substitute has been released to enter the court when more than one substitution is requested.
- C: Remain in the substitution zone until the second referee releases the substitute and the replaced player.
- D: All are correct.

47. "If a player removes part of the uniform top or bottom while in the playing area, the coach is assessed:"

- A: No penalty.
- B: A verbal warning - no card given.
- C: An unsporting conduct card.
- D: An unnecessary delay.

48. A time-out may be requested:

- A: By the head coach during a dead ball.
- B: By the playing captain during a dead ball.
- C: Prior to the start of a set.
- D: All are correct.

49. "If using an intermission, it shall be no longer than three minutes."

- A: True
- B: False

50. A player shall not re-enter to the set during the same dead ball in which that player was substituted.

- A: True
- B: False

51. "If a substitute fails to immediately report to the second referee after the substitution request is recognized, that team is charged with unnecessary delay, and the substitution is granted by the second referee."

- A: True
- B: False

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52. Blocking a ball which is entirely on the opponent's side of the net is permitted when the opposing team has had an opportunity to complete its attack. The attack is considered complete when the:

A: Attacking team has completed its three allowable hits.

B: Attacking team has had the opportunity to complete the attack or, in the referee's judgment, directs the ball toward the opponent's court.

C: Ball is falling near the net and, in the referee's judgment, no legal member of the attacking team could make a play on the ball.

D: All are correct.

53. A libero is allowed to:

A: Block or attempt to block.

B: Set the ball using overhead finger action while behind the attack line extended, resulting in a completed attack above the height of the net.

C: Complete an attack from anywhere if, at the moment of contact, the ball is entirely above the height of the net.

D: Rotate to the front row.

54. "In order to review a decision made by the first referee, the head coach requests and is granted a time-out during the dead ball immediately following the situation in which a possible incorrect decision occurred. The team has already used its allotted time-outs. The referee's decision prevails. A loss of rally/point shall be awarded to the opponent."

A: True

B: False

55. A coach shall submit a roster to the second referee at the pre-match conference.

A: True

B: False

56. Pre-match duties for the first referee shall include:

A: Verifying with each head coach that all teammates are wearing legal uniforms and equipment.

B: Calling a captain(s) and the head coach from each team together for a pre-match conference by sounding a double whistle and raising a coin in the air.

C: Establishing nonplayable areas and defining any additional ground rules which may be necessary.

D: All are correct.

57. The libero uniform can be made up of the same predominant color(s) of the team uniform top if placed differently on the uniform top.

A: True

B: False

58. A player's uniform number may be comprised of two digits including 00.

A: True

B: False

59. "Beginning in 2023, each player, including the libero, shall be identified by a number that:"

A: Is located on the uniform top and bottom.

B: Clearly contrasts from the body of the uniform top, regardless of trim."

C: Is outlined by a contrasting trim measuring not less than 3/4 inch in width.

D: Measures not less than 1/4 inch in width at its narrowest point.

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60. All of the following are accurate in relation to a re-serve except:

- A: Each player may have only one re-serve during the team's term of service.
- B: A server is allowed a new five seconds for the re-serve.
- C: After the first referee's signal for re-serve, no request for a time-out, substitution or libero replacement may be granted until after the ball has been served.
- D: All are correct.

61. The following equipment/accessories are not permitted:

- A: Medical-alert medals taped to the body.
- B: Padded hard and unyielding items on the hand, finger, wrist or forearm.
- C: Knee braces which are unaltered from the manufacturer's original design/production.
- D: Religious medals worn under the uniform and taped to the body.

62. "If the host school does not pad the standards, floor/wall cables and first referee's platform according to the rules, the match shall not be played."

- A: True
- B: False

63. A loss of rally/point is awarded each time a vacant position rotates to serve in the right back position. This is recorded on the scoresheet as a regular loss of rally/point.

- A: True
- B: False

64. "The visiting team captain shall call the toss in the first set and if a deciding set is necessary, a home team captain shall call the toss."

- A: True
- B: False

65. A match shall be forfeited when the host management fails to resolve an unruly spectator situation.

- A: True
- B: False

66. An attack line shall be drawn across each playing area from sideline to sideline and shall be:

- A: Shaded.
- B: One clearly visible color.
- C: 4 inches wide.
- D: All are correct.

67. A ball is considered playable when it touches a wall or objects on the floor outside the court.

- A: True
- B: False

68. Medical-alert medals are considered jewelry and must be removed.

- A: True
- B: False



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69. All teammates shall not wear:

- A: A like-colored uniform bottom.
- B: The uniform as the manufacturer intended.
- C: A uniform with buttons, zippers or snaps.
- D: A uniform with one American flag, not exceeding 2 inches by 3 inches.

71. "Each player, including the libero, shall be identified by a number that is:"

- A: Solid-colored.
- B: Located on the upper front of the uniform top.
- C: Not more than two digits.
- D: All the above.

72. "When a player wearing an illegal uniform attempts to enter the set, unnecessary delay shall be assessed to the team."

- A: True
- B: False

73. The referees' jurisdiction begins:

- A: Upon the start of the match.
- B: Upon the arrival on the floor.
- C: Upon the pregame meeting.
- D: Both A and B.

74. "If a net fault is whistled by the first referee, he or she shall indicate the result of the play followed by the nature of the fault. The second referee will mirror the signal for a net serve."

- A: True
- B: False

75. Which of the following is incorrect concerning the first referee? The first referee must have:

- A: A coin and a watch.
- B: A lineup card.
- C: A whistle.
- D: A set of yellow and red cards.

76. "The first referee shall whistle and signal ""end of set"" directing players to their respective team benches."

- A: True
- B: False

77. The second referee has the responsibility to:

- A: Be in uniform at the site of the match no less than 30 minutes before the starting time.
- B: Assist the first referee in pre-match duties.
- C: Verify that the starting lineups have been entered correctly on the official scoresheet.
- D: All are second referee responsibilities.

78. The second referee shall notify the coach when a team uses its 15th through 20th substitutions.

- A: True
- B: False

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79. The second referee has the responsibility to assist the first referee in determining back-row player faults.

A: True

B: False

80. The second referee shall confirm with the scorer the initial unnecessary delay warning and second and subsequent unnecessary delay penalties during a set by:

A: A coach.

B: A player.

C: A substitute.

D: All of the above.

81. "During the set, each line judge shall assist the first referee and second referee by:"

A: Identifying a service fault on the opposite side of the net.

B: Making illegal libero replacement calls.

C: Placing the ball on the end line of the serving side during time-outs.

D: Indicating when the serve, or any played ball, crosses the net not entirely between the net antennas.

82. "At the moment of serve, all players shall be in the correct serving order. "

A: True

B: False

83. "When a team plays with fewer than six players due to illness, injury or disqualification, a loss of rally/point shall not be given to the opponent when the vacant position rotates to serve."

A: True

B: False

84. A re-serve shall be called when:

A: "The server releases the ball for service, then catches the ball. "

B: The ball contacts the backboard or its supports hanging in a vertical position.

C: The server steps on the service line.

D: The server contacts the ball outside the hashmark.

85. "When a receiving team player is out of position on the serve and a service fault occurs, the receiving team is penalized."

A: True

B: False

86. Substitution requests are not permitted:

A: At the beginning of a time-out.

B: After a replay is signaled.

C: After a re-serve is signaled.

D: All of the above are correct.

87. "For a deciding set, the first serve is determined by the coin toss."

A: True

B: False

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88. The following is not proper court protocol for the use of electronic devices during the match:

- A: A team may use electronic devices during the match without restrictions.
- B: The first referee may restrict use of the devices if it is determined the device interferes with the contest.
- C: The location and use of devices shall not be in a restricted area as determined by host management.
- D: State associations may have additional policies in place to further address the use of electronic devices.

89. When teammates contact the ball at the same instant it is permitted and considered one hit.

- A: True
- B: False

90. A player may not cross the extension of the center line outside the court at any time.

- A: True
- B: False

91. Which of the following statements is accurate in relation to net play:

- A: A ball contacting and crossing the net shall remain in play provided contact is entirely within the net antennas.
- B: A player shall not contact a ball which is completely on the opponent's side of the net unless the contact is a legal block.
- C: Recovering a ball hit into the net shall be permitted.
- D: All of the above are correct.

92. A fault is a failure to play as permitted by the rules.

- A: True
- B: False

93. For a single fault a loss of rally/point is awarded to the opponent.

- A: True
- B: False

94. "Once a replay is signaled by the first referee, a time-out may be requested. "

- A: True
- B: False

95. The following action(s) results in an unnecessary delay.

- A: Illegal substitute attempting to enter the set.
- B: A coach not making a decision about an injured player within 30 seconds.
- C: Failure to submit the team's roster at the pre-game conference.
- D: All result in unnecessary delay.

96. Procedures for substitution include:

- A: The head coach visually signaling.
- B: The substitute entering the substitution zone.
- C: The substitute reporting to the officials' table.
- D: Both A and B are correct.

97. A time-out prior to the start of the set shall be honored.

- A: True
- B: False

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98. The head coach may stand only in the substitution zone to coach his/her players.

A: True

B: False

99. Unsporting conduct shall be charged to a coach questioning a referee's judgment.

A: True

B: False

100. A five-minute warm-up period shall be afforded each team.

A: True

B: False